



2025 Player's Manual

2025 Executive Team

President: *Nikki Cloutier* | clubpresident@rockersathleticclub.ca

Vice-President: *Laura Lagrange* | rockersathleticclub@gmail.com

Treasurer: *Jessica Burrows* | rockersrugbytreasurer@gmail.com

Director of Fundraising: *Hannah Nikkel* | fundraising@rockersathleticclub.ca

Club Captain: *Taylor Sullivan* | clubcaptain@rockersathleticclub.ca

Secretary: *Maddie Crofts* | secretary@rockersathleticclub.ca

Socials & Tours: *Erin Hanson* | socialandtours@rockersathleticclub.ca

Clubhouse & Facilities Manager: *Jo Reinbold* | clubhouserentals@rockersathleticclub.ca

Member at Large: *Lindsey Duxbury* | lduxbury@rockersathleticclub.ca

Dues:

U5s: \$90.00 (Flag)

U7s & U9s: \$130.00 (Flag)

U11s: \$130.00 (Flag)

U11s: \$145.00 (Contact)

U13s: \$205.00 (Contact)

U15s: \$205.00 (Contact)

U16s – U19s: \$255.00 (Contact)

Senior Women: \$400.00 (Contact)

Senior Women (Student): \$350.00 (Contact)

Masters: \$120.00 (Contact)

**All fees are plus a processing charge*

Payment plans & Low-Income options available

Registration dues are determined by a combination of fees from Rugby Canada, Rugby Alberta & Edmonton Rugby Union, covering insurance and organization costs. The full breakdown of fees is provided upon registration. A season of registration is active from May 1st to April 30th of the following year. The Rockers portion of your dues helps to pay for our field rentals, clubhouse upkeep and maintenance, coaches, trainers, and operation/equipment costs.

Registration is not required for training, however, player fees must be paid before a player can participate in any sanctioned game or tournament, due to insurance.

Registration is done through:

<https://rugbycanada.sportlomo.com/>

If you are unable to pay the full amount of dues upfront, a payment plan can be arranged through Sportlomo. Additionally, a student discount code is available, please contact our Secretary (Maddie Crofts) for this information or any other registration issues.

Low-Income programs must be discussed & approved by our VP & Treasurer.

Fundraising Commitments:

Each member of the Rockers agrees to fulfill fundraising requirements upon registration.

Mini's/Junior Parents are asked for assistance in covering shifts at our biannual Casino (2026, 2028...). More information about the shifts will be released closer to the date. This is a crucial fundraiser for our organization and requires several volunteers, and your assistance is vital to its success. While a parental shift is not required, they are highly recommended to keep player fees as low as possible.

Each **Senior Rocker** is responsible for working **6 credits** of fundraising:

1. Bingos are worth 1 credit. Bingos run from March to February each year and there is usually 1 bingo/month. Players can select which bingos they are able to work with the Fundraising Director or via the sign up sheet.
2. Taste of Edmonton (TOE) shifts are worth 0.5 credits. Taste of Edmonton is held the last 2 weeks in July.
3. Casino shifts are worth 1 credit. ***Every registered player is responsible for at least one shift in a casino year.*** Shifts will be announced closer to the date of the event & you are responsible for committing to a role & shift that fits your schedule. If you are unable to make it work, we expect that you find a replacement to assist or discuss an alternative solution with our Director of Fundraising or President.

We understand that last minute life events happen. Please contact the Director of Fundraising (Hannah Nikkel) if you are unable to attend your fundraising shift. You are responsible to find someone (family, friend, partner, teammate, etc.) to replace or switch shifts with you. No-shows cost the club money and these costs will be up to the player to make up. (Missed bingo fee \$100. Missed TOE \$50. Casino TBD)

These fundraisers help us keep our dues as low as possible while providing the necessary finances needed for:

- Indoor/Outdoor training space rentals
- Coach Salaries/Honorariums
- Clubhouse maintenance, insurance, and operation costs
- New jerseys, training equipment, balls, cones, water bottles, etc.
- Athletic trainer & medical supplies

Additional fundraisers may come up throughout the season; however, they will not be mandatory. Any extra fundraising shifts worked by a player during a season can be donated to our Low Income Player Fund or may be used as a club credit for kit/bar. Speak with the Director of Fundraising for more details.

***Any player that has not completed their fundraising requirements by the end of the fiscal year (Feb 2025) will be placed in Bad Standing. This prevents future registration with any rugby club worldwide.**

Rocker Expectations:

R-E-S-P-E-C-T

This goes for all teammates, players, parents, coaches, match officials, and opposing teams. The Rockers promote an inclusive space for all players, regardless of age, gender identity, ethnicity, disability, race, or religion.

WE HAVE A ZERO-TOLERANCE POLICY FOR HARASSMENT AND DISCRIMINATION

Any complaints can be brought to the Club Captain, Vice-President, or President and will be handled accordingly.

- Senior Rockers are responsible for helping with game equipment, water bottles and physio supplies to and from games during the season. The expectation is that the player will take these items home from practice to bring to the game. After the game, the player is responsible for washing the kit and water bottles and returning them to the clubhouse the following practice. These duties will be assigned to players at the end of the practice before a game by the Club Captain.
- Players are expected to make an effort to attend all training sessions on time and if they are unable to do so, they are to contact the Coach or Club Captain to inform them they will not be able to attend and the reason why. Please utilize the RSVP on Heja so our coach(es) can plan training accordingly.
- Rockers are expected to maintain the clubhouse as they would their own home. Please remove cleats before walking across the deck. Clean up garbage and personal items before leaving the clubhouse. And please stay out from behind the bar during events... we have bar managers for that!

Rockers History:

The Birth: The Rockers Rugby Club was the brainchild of several wives and girlfriends of the local Edmonton Men's clubs. In 1977, this group of women formed the city's first female club, the Edmonton Rockers. In the first 10 years, the Rockers toured to various tournaments in San Diego, Boston, New Orleans, and Vancouver.

The Growth: Several early Rockers came from other sports they excelled in. Founding members, Shirley Bergland (field-hockey), Laura Jackson, Susan Campbell, and Marilyn Scott (track) were all incredible athletes and their sheer athleticism transferred seamlessly into rugby, as it has with many athletes after them.

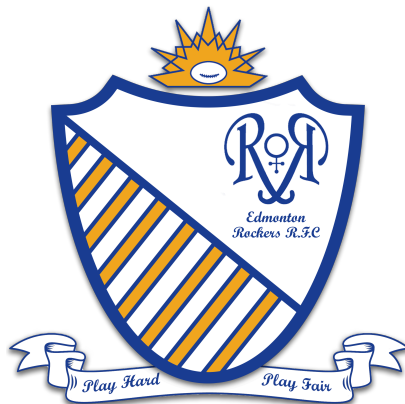
Fun Facts: To date, the Rockers have earned 25 provincial titles, and over the years, the team has continually contributed players to Alberta's provincial programs, University of Alberta and Lethbridge Varsity teams and Canada's National 15s and 7s teams. Some of these players include Susan Campbell, Arlette Peterson, Jo Reinbold, Helen Newsham, Heather McDonald, Anna Schnell, Summer Yeo, Jill Harris, and Chelsea Guthrie. With our most recent alumni, Jen Kish, being the captain of the Canadian National 7's team for the 2016 Rio Olympics.



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Notes:



Rockers Rugby Club
6840 – 88 Street
Edmonton AB T5E 5H6

<http://rockersathleticclub.ca/>

Email: rockersathleticclub@gmail.com



Rocker's Athletic Club - Women's Rugby



@ROCKERSRUGBY